

GRAZING

Tapas

Sautéed garlic mushrooms with cheese • Chorizo in red wine & onion • Poor man's potatoes
Spicy meatballs in tomato sauce • Salt & pepper calamari • Paprika whitebait

£4.95 each
or 2 for £9.00

WHILE YOU WAIT

Pitta & hummus	£4.75
Artisan bread & oils	£4.75
Garlic bread	£4.00
Garlic bread with cheese	£4.50
Green pitted olives	£3.85

STARTERS

Soup of the day	£5.50
Breaded brie bites with rocket & caramelised red onion	£6.50
Smoked salmon, baby prawns & capers on watercress with a lemon herb dressing	£8.95
Chicken liver pate with orange marmalade & toast	£7.95
Beetroot, walnut & feta salad with a lime & radish pickle	£6.50
Chickpea curry served on oven baked diced potato	£6.95
Gressingham bourbon BBQ duck wings	£8.25

SALADS

Spinach, bacon, poached egg & avocado with lemon & herb oil dressed leaves	£10.50
Mediterranean feta & cous cous	£9.95
Add grilled chicken	£3.50
or prawns	£4.95
Grilled halloumi & chick pea salad	£10.95
Gressingham BBQ duck wings with tomato & red onion	£13.25

MAINS

Pie of the day served with vegetables & choice of potato	£11.95
Grilled pork escalope with sauerkraut & herb diced potato & lemon crème fraiche	£15.50
Lemon zested lamb chop with spicy pepper rice, minted medley of beans & Tzatziki	£18.50
Honey glazed chicken breast sat on a bacon, mushroom & thyme risotto with parsnip crisps	£14.95
Pork & apple sausages with herb mash & kacans hijau beans topped with gravy & crispy red onion	£11.95

FISH

Oven roasted salmon fillet with Mediterranean bake & sprinkled with parmesan	£14.95
Classic oven baked cod supreme with a parsley prawn sauce, roasted new potatoes & kacans hijau beans	£15.95
Pan roasted seabass fillet, herb lentils, spinach & tomato spicy sausage topped with crumbled feta	£16.50

FROM THE GRILL

8oz Sirloin	£16.95
10oz Rump	£17.95
12oz Gammon	£14.95
Served with sauerkraut, kacans hijau & fresh tomato	
Choose your fries; chunky, skinny or sweet potato	
Add a sauce; mushroom, garlic, peppercorn or blue cheese	£2.95

BURGERS

Breaded halloumi, lettuce, tomato & smashed avocado (V)	£10.75
Wild boar & chorizo burger	£13.95
Prime gourmet beef burger	£12.95
Cajun butterflied chicken breast	£13.95
Choose your fries: chunky, skinny or sweet potato	
Add cheese, bacon, mushroom, onion rings	Each Topping £0.85

VEGETARIAN

Crispy battered halloumi & chips with mushy peas	£10.50
Beetroot & quinoa burger in a giotto bun with sweet potato fries & crème fraiche	£10.95
Leek & Glamorgan cheese sausages with herb mash, kacans hijau beans & veggie gravy	£10.95

VEGAN

Sweet potato chick pea & spinach curry	£10.95
Mediterranean vegetable bake	£10.95
Five bean chilli with crispy tortilla	£10.95
Add grilled chicken	£3.50
or rump steak strips	£6.00

WRAPS & BAPS

Cajun chicken & salad wrap	£7.95
Prawn mayo, salad & avocado wrap	£7.25
Cheese, red onion & sweet pickle chutney wrap	£6.25
Pork & apple sausages with fried red giotto bun	£6.25
Fish finger & tartar sauce giotto bun	£6.95
Grilled halloumi, lettuce, tomato & smashed avocado wrap	£7.25

PLOUGHMANS

Cheddar cheese & brie	£8.95
Pork & apple sausage and stilton	£9.95

CHILDREN'S MENU

Sausages & Mash	£5.25
Chicken nuggets	£5.25
Scampi	£5.25
Fish fingers	£5.25
Beef burger	£5.25
Cheese & tomato salad	£4.95
Macaroni cheese	£4.95
Carrot & cucumber sticks with hummus	£4.25

All food is freshly cooked to order, so when we are busy, there could be a slight delay.

We cannot guarantee that all our dishes are 100% free from nuts or their derivatives.

Our menu descriptions may not contain all the ingredients.

Weights of meat described are approximate before cooking.

Please ask a member of the team before ordering if you have any particular allergy or requirement.



FOOD MENU